

4^ Mezza Maratona della ceramica città di Assemini - HB

domenica 22 maggio 2011

pos	pett	nome	team	naz	cat	pos	t.gara	t.reale	medi
1	352	CONCU FRANCESCO	SASPO	ITA	HB	1	01:03:46	01:03:46	19,85
2	351	CARTA ANTONIO	SASPO	ITA	HB	2	01:03:50	01:03:50	19,83

4^ Mezza Maratona della ceramica città di Assemini - MEZZA MARATONA

domenica 22 maggio 2011

pos	pett	nome	team	naz	cat	pos	t.gara	t.reale	medi
1	61	RUKUNDO SYLVAIN	SPORT CLUB CATANIA RUANDA	ITA	SM	1	01:04:47	01:04:47	19,54
2	62	KICHWEN KIPTANUI	FARNESE VINI RUANDA	ITA	SM	2	01:07:47	01:07:47	18,68
3	65	RUTIGLIANO PASQUALE	ESERCITO	ITA	SM	3	01:09:41	01:09:41	18,17
4	74	SANNA ARMANDO	CAMBIASO RISSO RUNNING TEAM	ITA	SM	4	01:10:19	01:10:19	18,00
5	66	ABDELKADER OUALID	ATL CIVITAS OLBIA	ITA	SM	5	01:11:49	01:11:49	17,63
6	330	TANCA VINCENZO	ATLETICA PLOAGHE	ITA	MM35	1	01:12:36	01:12:36	17,44
7	69	SECCI GIAN FRANCO	POL ATLETICA SANTADI	ITA	SM	6	01:14:14	01:14:14	17,05
8	347	RABBATONI DEREJE	RUNNER TEAM 99	ITA	SM	7	01:14:20	01:14:20	17,03
9	79	SPANU ALESSANDRO	RUNNERS BERGAMO	ITA	TM	1	01:15:06	01:15:06	16,86
10	71	LEOTTA LUIGI	POL GONONE DORGALI	ITA	SM	8	01:15:10	01:15:10	16,84
11	67	MATTU MARCO	S G AMSICORA	ITA	SM	9	01:15:27	01:15:27	16,78
12	301	GOSELI GIOVANNI	CIRC SPORT DIL ATL AMATORI	ITA	MM40	1	01:18:04	01:18:04	16,22
13	124	CARTA GABRIELE	POL JOLAO IGLESIAS	ITA	MM45	1	01:18:07	01:18:07	16,20
14	1	MUKASAKINDI CLAUDETTE	RUNNING CLUB FUTURA	ITA	SF	1	01:18:10	01:18:10	16,20
15	2	PINNA CLAUDIA	C.U.S. CAGLIARI	ITA	SF	2	01:18:15	01:18:15	16,18
16	92	PORCU PAOLO	ATL ORROLI MARIANO LEONI	ITA	MM45	2	01:18:37	01:18:37	16,10
17	359	SPANU ALESSANDRO	POL ATL SERRAMANNA	ITA	MM40	2	01:18:52	01:18:52	16,05
18	70	DE VENUTO RICCARDO	ATLETICA ORANI	ITA	SM	10	01:19:17	01:19:17	15,97
19	180	CONGIU GIOVANNI	ATL IGLESIAS	ITA	MM55	1	01:19:42	01:19:42	15,88
20	305	CASU BERNARDINO	GS PIONIERI MARMILLA MOGORO	ITA	MM40	3	01:19:50	01:19:50	15,86
21	211	TUVERI FRANCESCO	GRUPPO POL DIL ASSEMINI	ITA	MM45	3	01:20:15	01:20:15	15,78
22	360	MAMELI ALESSANDRO	AS TESIENSE QUARTU	ITA	MM40	4	01:20:49	01:20:49	15,66
23	82	PANDUCCIO SEVERINO	S G AMSICORA	ITA	MM45	4	01:21:40	01:21:40	15,50
24	4	FERRU ROBERTA	G.S. ATL OLBIA	ITA	SF	3	01:21:43	01:21:43	15,49
25	193	FULGHERI SERGIO	SS SULCIS ATL CARBONIA	ITA	MM50	1	01:21:47	01:21:47	15,48
26	294	LAI LUIGI	ATLETICA PULA	ITA	TM	2	01:21:48	01:21:48	15,47
27	195	LUSCI GENESIO	SS SULCIS ATL CARBONIA	ITA	MM50	2	01:21:55	01:21:55	15,45
28	266	MEI GIACOMO STEFANO	POL ATLETICA SANTADI	ITA	MM35	2	01:22:54	01:22:54	15,27
29	250	USAI CELESTINO	ATL VALERIA	ITA	MM55	2	01:22:57	01:22:57	15,26
30	93	MAMELI MIRKO	POL ATL SERRAMANNA	ITA	MM35	3	01:22:59	01:22:59	15,25
31	141	SERAFINI FABRIZIO	SS SPORTING S.I.E.	ITA	TM	3	01:23:12	01:23:12	15,22
32	99	PINNA MARCO	US ATL GUSPINI	ITA	MM40	5	01:23:27	01:23:27	15,17
33	100	SIBIRIU FLAVIO	US ATL GUSPINI	ITA	MM45	5	01:23:32	01:23:32	15,15
34	102	MUSCAS MAURO	AS TESIENSE QUARTU	ITA	MM50	3	01:24:10	01:24:10	15,04
35	344	SCANO DANIELE	PODISTICA SASSARI	ITA	MM50	4	01:24:46	01:24:46	14,93
36	327	FIORI FABRIZIO	ATLETICA OZIERI	ITA	MM40	6	01:25:34	01:25:34	14,79
37	297	UCCHEDDU SAMUEL	ATLETICA PULA	ITA	TM	4	01:25:41	01:25:41	14,77
38	350	ERRIU EFISIO	GS RUNNERS CAGLIARI	ITA	MM35	4	01:25:51	01:25:51	14,75
39	334	FURESI STEFANO	I GUERRIERI DEL PAVONE	ITA	MM45	6	01:26:27	01:26:27	14,64
40	226	CASULA PASQUALINO	GS RUNNERS CAGLIARI	ITA	MM50	5	01:26:55	01:26:55	14,57
41	76	SULIS ANTONELLO	GS RUNNERS CAGLIARI	ITA	SM	11	01:27:20	01:27:20	14,50
42	293	CURRELI MAURO	ATLETICA PULA	ITA	MM55	3	01:27:25	01:27:25	14,48
43	8	PILI SIMONA	C.U.S. SASSARI	ITA	SF	4	01:27:44	01:27:44	14,43
44	310	TOCCO STEFANO	AMATORI TERRALBA	ITA	MM40	7	01:27:48	01:27:48	14,42
45	303	SANNA LORENZO	AMO ATLETICA MARINA OROSEI	ITA	MM40	8	01:28:06	01:28:06	14,37
46	286	MELIS MARCELLO	CAGLIARI MARATHON CLUB	ITA	MM55	4	01:28:18	01:28:18	14,34
47	137	CIRRONIS FLAVIO	SS SPORTING S.I.E.	ITA	MM45	7	01:28:28	01:28:28	14,31
48	363	PORCU ROBERTO	ATL KARALIS	ITA	MM40	9	01:28:31	01:28:31	14,30
49	307	MELONI SANDRO	GS PIONIERI MARMILLA MOGORO	ITA	MM40	10	01:28:32	01:28:32	14,30
50	315	SERRA FABIO	MARATHON CLUB ORISTANO	ITA	TM	5	01:28:33	01:28:33	14,29
51	300	ROLLO FERNANDO	PODISTICA COPERTINO	ITA	MM50	6	01:28:36	01:28:36	14,29
52	332	CARBONI PIERO LUIGI	I GUERRIERI DEL PAVONE	ITA	MM55	5	01:28:38	01:28:38	14,28
53	96	PISU RAFFAELE	ATLETICA SELARGIUS	ITA	MM55	6	01:28:39	01:28:39	14,28

4^ Mezza Maratona della ceramica città di Assemini - MEZZA MARATONA

domenica 22 maggio 2011

pos	pett	nome	team	naz	cat	pos	t.gara	t.reale	medi
54	196	ADDARI GIANCARLO	GRUPPO POL DIL ASSEMINI	ITA	MM45	8	01:29:15	01:29:15	14,18
55	81	DESSI FILIPPO	S G AMSICORA	ITA	TM	6	01:29:29	01:29:29	14,15
56	108	COSA ALESSIO	ATL CORTOGHIANA	ITA	TM	7	01:29:38	01:29:38	14,12
57	290	SERRA PAOLO	CAGLIARI MARATHON CLUB	ITA	MM40	11	01:29:38	01:29:38	14,12
58	267	PORCU FRANCESCO	POL ATLETICA SANTADI	ITA	MM50	7	01:29:43	01:29:43	14,11
59	333	CICCARESE STEFANO	I GUERRIERI DEL PAVONE	ITA	MM40	12	01:29:53	01:29:53	14,08
60	148	PUTZOLU DIEGO	GS ATLETICA CAPOTERRA	ITA	MM35	5	01:29:54	01:29:54	14,08
61	112	MANCA GIANCARLO	ATL CORTOGHIANA	ITA	MM35	6	01:29:55	01:29:55	14,08
62	235	MUDU FRANCESCO	GS RUNNERS CAGLIARI	ITA	TM	8	01:30:03	01:30:03	14,06
63	340	CABRAS ANTONIO	ALGHERO MARATHON	ITA	MM45	9	01:30:13	01:30:13	14,03
64	241	ZEDDA STEFANO	GS RUNNERS CAGLIARI	ITA	TM	9	01:30:18	01:30:18	14,02
65	77	SCHIAVINO ANDREA ROSARIO	ATHLETIC TEAM SASSARI	ITA	PM	1	01:30:25	01:30:25	14,00
66	9	CAPONE ALICE	ATHLETIC TEAM SASSARI	ITA	PF	1	01:30:25	01:30:25	14,00
67	223	SIDDU STEFANO	ATLETICA VILLAMARESE	ITA	MM35	7	01:30:48	01:30:48	13,94
68	341	DELIPERI PIETRO GIOVANNI	ALGHERO MARATHON	ITA	MM45	10	01:30:49	01:30:49	13,94
69	337	SOLARI GIAMPIETRO	I GUERRIERI DEL PAVONE	ITA	MM40	13	01:31:07	01:31:07	13,89
70	134	RISALVATO MAURIZIO	ATL KARALIS	ITA	MM40	14	01:31:41	01:31:41	13,81
71	274	URRU MASSIMO	ATL EDOARDO SANNA ELMAS	ITA	MM45	11	01:31:45	01:31:45	13,80
72	89	COGOTZI ADRIANO	ATL ORROLI MARIANO LEONI	ITA	MM50	8	01:31:55	01:31:55	13,77
73	321	DEMURU MARIO	POLISPORTIVA RUNNERS ORISTANO	ITA	MM40	15	01:31:59	01:31:59	13,76
74	88	CABRAS SILVIO	ATL ORROLI MARIANO LEONI	ITA	MM50	9	01:32:00	01:32:00	13,76
75	22	CAROLA STEFANIA	ATL POD SAN GAVINO	ITA	MF40	1	01:32:11	01:32:11	13,73
76	156	FONTANA GIUSEPPE	ATL POD SAN GAVINO	ITA	MM50	10	01:32:11	01:32:11	13,73
77	282	ZUCCA CARLO	SARDEGNA KARALIS SPORT	ITA	TM	10	01:32:22	01:32:22	13,71
78	349	ONANO LUIGI	UISP	ITA	MM45	12	01:32:26	01:32:26	13,70
79	78	TRONCI GIOVANNI	GRUPPO POL DIL ASSEMINI	ITA	JM	1	01:32:49	01:32:49	13,64
80	86	BONIFACIO MASSIMILIANO	SS ESPERIA	ITA	MM35	8	01:32:58	01:32:58	13,62
81	258	CADEDDU LUCIANO	OLYMPIA VILLACIDRO	ITA	MM40	16	01:33:12	01:33:12	13,58
82	45	MUREDDU PATRIZIA	ATLETICA OZIERI	ITA	MF40	2	01:33:13	01:33:13	13,58
83	197	ANNICIELLO LUIGI	GRUPPO POL DIL ASSEMINI	ITA	MM40	17	01:33:34	01:33:34	13,53
84	87	ARESU IGNAZIO	ATL ORROLI MARIANO LEONI	ITA	MM55	7	01:33:39	01:33:39	13,52
85	183	MARRAS RICCARDO	ATL IGLESIAS	ITA	MM35	9	01:33:43	01:33:43	13,51
86	308	BELLU FELICE	AMATORI TERRALBA	ITA	MM65	1	01:33:44	01:33:44	13,51
87	335	MANCA FRANCO	I GUERRIERI DEL PAVONE	ITA	MM45	13	01:33:52	01:33:52	13,49
88	264	CONGIA MASSIMO	POL ATLETICA SANTADI	ITA	MM40	18	01:33:53	01:33:53	13,48
89	339	USAI PAOLO	I GUERRIERI DEL PAVONE	ITA	MM35	10	01:34:04	01:34:04	13,46
90	240	USAI GIUSEPPE	GS RUNNERS CAGLIARI	ITA	MM40	19	01:34:05	01:34:05	13,45
91	150	SOTGIU ANDREA	GS ATLETICA CAPOTERRA	ITA	MM35	11	01:34:10	01:34:10	13,44
92	176	SALIDU ANDREA	POL UTA 2000	ITA	MM35	12	01:34:12	01:34:12	13,44
93	127	SENIS SERGIO	POL JOLAO IGLESIAS	ITA	MM40	20	01:34:20	01:34:20	13,42
94	54	MELONI CINZIA	POL ATL SERRAMANNA	ITA	MF35	1	01:34:24	01:34:24	13,41
95	175	RIVOLDINI ENRICO	POL UTA 2000	ITA	MM40	21	01:34:35	01:34:35	13,38
96	159	VACCA ALBERTO	ATL POD SAN GAVINO	ITA	MM45	14	01:34:45	01:34:45	13,36
97	136	SPIGA AMBROGIO	ATL KARALIS	ITA	MM40	22	01:35:00	01:35:00	13,33
98	214	ZEDDA ANTONIO	GRUPPO POL DIL ASSEMINI	ITA	MM50	11	01:35:05	01:35:05	13,31
99	133	PERNARELLA FABRIZIO	ATL KARALIS	ITA	MM35	13	01:35:18	01:35:18	13,28
100	42	PORCU RITA ANGELA	POL GUILCER TEAM LA CITTA'	ITA	MF40	3	01:35:22	01:35:22	13,27
101	107	BULLEGAS GIACOMO	ATL CORTOGHIANA	ITA	TM	11	01:35:24	01:35:24	13,27
102	182	LAI CRISTIAN	ATL IGLESIAS	ITA	MM35	14	01:35:39	01:35:39	13,23
103	236	OBINU MARCO	GS RUNNERS CAGLIARI	ITA	MM35	15	01:35:49	01:35:49	13,21
104	287	ORRU SANDRO	CAGLIARI MARATHON CLUB	ITA	MM50	12	01:35:55	01:35:55	13,20
105	252	BAVAGNOLI MARIO	AS SURVIVAL TRIATHLON	ITA	MM35	16	01:35:56	01:35:56	13,20
106	288	RAGATZU GIUSEPPE	CAGLIARI MARATHON CLUB	ITA	MM50	13	01:36:00	01:36:00	13,19

4^ Mezza Maratona della ceramica città di Assemini - MEZZA MARATONA

domenica 22 maggio 2011

pos	pett	nome	team	naz	cat	pos	t.gara	t.reale	medi
107	13	CRESPI PAOLA	AS TESPIENSE QUARTU	ITA	MF35	2	01:36:05	01:36:05	13,17
108	273	TOLU MAURIZIO	ATL EDOARDO SANNA ELMAS	ITA	MM50	14	01:36:07	01:36:07	13,17
109	219	ORTU ANGELO	ATLETICA VILLAMARESE	ITA	MM40	23	01:36:25	01:36:25	13,13
110	283	DEGIOANNIS PIERPAOLO	CAGLIARI MARATHON CLUB	ITA	MM45	15	01:36:30	01:36:30	13,12
111	268	COZZOLINO MAURIZIO	ATL EDOARDO SANNA ELMAS	ITA	MM50	15	01:36:33	01:36:33	13,11
112	209	SECCI FRANCESCO	GRUPPO POL DIL ASSEMINI	ITA	TM	12	01:36:38	01:36:38	13,10
113	299	NIOI FRANCESCO	GS COMUNALE S. OLCESE	ITA	MM40	24	01:36:40	01:36:40	13,09
114	48	CANU MARIA PASQUALE	ALGHERO MARATHON	ITA	MF50	1	01:36:51	01:36:51	13,07
115	194	GELSO MATTIA	SS SULCIS ATL CARBONIA	ITA	TM	13	01:36:58	01:36:58	13,06
116	117	PASTRANI MASSIMILIANO	ATL CORTOGHIANA	ITA	MM40	25	01:37:10	01:37:10	13,03
117	233	MELONI ALESSANDRO	GS RUNNERS CAGLIARI	ITA	MM35	17	01:37:12	01:37:12	13,02
118	292	CROCE' PAOLO	ATLETICA PULA	ITA	MM40	26	01:37:14	01:37:14	13,02
119	157	MARRAS SERGIO	ATL POD SAN GAVINO	ITA	MM60	1	01:37:18	01:37:18	13,01
120	246	PANI ROBERTO	ATL VALERIA	ITA	MM40	27	01:37:29	01:37:29	12,99
121	230	LUCENTE MATTEO	GS RUNNERS CAGLIARI	ITA	TM	14	01:37:41	01:37:41	12,96
122	231	MAMELI MAURIZIO	GS RUNNERS CAGLIARI	ITA	MM35	18	01:37:49	01:37:49	12,94
123	155	PISANO EMANUELE	FUTURA CAGLIARI SOLOATLETICA	ITA	MM45	16	01:37:51	01:37:51	12,94
124	165	MAMELI PATRIZIO	POL UTA 2000	ITA	MM50	16	01:38:01	01:38:01	12,91
125	225	BARDI SERLAPO	GS RUNNERS CAGLIARI	ITA	MM40	28	01:38:17	01:38:17	12,88
126	170	MURA GIANCARLO	POL UTA 2000	ITA	MM45	17	01:38:26	01:38:26	12,86
127	53	CAULI GIUSEPPINA	VALORE SALUTE, FORTI E VELOCI	ITA	SF	5	01:38:28	01:38:28	12,86
128	348	ONANO MAURO	UISP	ITA	MM50	17	01:38:30	01:38:30	12,85
129	312	MOREGGIO CLAUDIO	MARATHON CLUB ORISTANO	ITA	MM45	18	01:38:31	01:38:31	12,85
130	30	VAN EIJK JUDITH	GRUPPO POL DIL ASSEMINI	ITA	MF45	1	01:38:35	01:38:35	12,84
131	105	BISELLI MATTEO	ATL CORTOGHIANA	ITA	TM	15	01:38:45	01:38:45	12,82
132	52	GASPA ANNALISA	PODISTICA SASSARI	ITA	MF45	2	01:38:47	01:38:47	12,82
133	162	CARBONI STEFANO	POL UTA 2000	ITA	MM40	29	01:39:06	01:39:06	12,77
134	161	CAMBULI LUIGI	POL UTA 2000	ITA	MM55	8	01:39:08	01:39:08	12,77
135	104	BERNARDI FRANCESCO	ATL CORTOGHIANA	ITA	MM40	30	01:39:09	01:39:09	12,77
136	111	FRAILIS MARIO	ATL CORTOGHIANA	ITA	MM40	31	01:39:09	01:39:09	12,77
137	324	MARCIAS FRANCESCO	POLISPORTIVA RUNNERS ORISTANO	ITA	MM60	2	01:39:20	01:39:20	12,74
138	326	MINGOIA CARLO	VALORE SALUTE, FORTI E VELOCI	ITA	MM50	18	01:39:47	01:39:47	12,69
139	372	TUPPONE CRISTIANO	CIRC SPORT DIL ATL AMATORI	ITA	MM35	19	01:39:52	01:39:52	12,68
140	29	PERRIA VALENTINA	GRUPPO POL DIL ASSEMINI	ITA	MF40	4	01:40:22	01:40:22	12,61
141	205	MORETTI GIOVANNI RUDI	GRUPPO POL DIL ASSEMINI	ITA	MM40	32	01:40:22	01:40:22	12,61
142	316	SERRA GIUSEPPINO	MARATHON CLUB ORISTANO	ITA	MM50	19	01:40:25	01:40:25	12,61
143	171	PIRAS VALTER	POL UTA 2000	ITA	MM50	20	01:40:30	01:40:30	12,60
144	80	CORRIAS FABIO	S G AMSICORA	ITA	MM55	9	01:40:42	01:40:42	12,57
145	90	MASILI EMILIO	ATL ORROLI MARIANO LEONI	ITA	MM50	21	01:40:50	01:40:50	12,55
146	220	PASCHINA DANIELE	ATLETICA VILLAMARESE	ITA	MM40	33	01:40:52	01:40:52	12,55
147	227	CORSO MASSIMO	GS RUNNERS CAGLIARI	ITA	MM45	19	01:40:52	01:40:52	12,55
148	129	COCCO ALESSANDRO	ATL KARALIS	ITA	MM45	20	01:40:55	01:40:55	12,54
149	319	DEDONI ANTONIO	POLISPORTIVA RUNNERS ORISTANO	ITA	MM40	34	01:41:07	01:41:07	12,52
150	342	MARANO SEBASTIANO	ALGHERO MARATHON	ITA	MM45	21	01:41:09	01:41:09	12,52
151	253	DAGA RENATO	AS SURVIVAL TRIATHLON	ITA	MM50	22	01:41:12	01:41:12	12,51
152	36	ALBERTI MONICA	ATL EDOARDO SANNA ELMAS	ITA	MF40	5	01:41:17	01:41:17	12,50
153	103	PISELLI OTTAVIO MARIA	AS TESPIENSE QUARTU	ITA	MM50	23	01:41:19	01:41:19	12,50
154	152	ZONCHEDDU ANTONELLO	GS ATLETICA CAPOTERRA	ITA	MM45	22	01:41:21	01:41:21	12,49
155	311	CADDEO LUCIANO	MARATHON CLUB ORISTANO	ITA	TM	16	01:41:21	01:41:21	12,49
156	16	ZANDA ANNA RITA	ATL CORTOGHIANA	ITA	MF45	3	01:41:22	01:41:22	12,49
157	97	RAGAZZU FRANCESCO	ATLETICA SELARGIUS	ITA	MM55	10	01:41:25	01:41:25	12,48
158	106	BONETTI ALESSANDRO	ATL CORTOGHIANA	ITA	MM35	20	01:41:27	01:41:27	12,48
159	338	STANGONI VITTORIO	I GUERRIERI DEL PAVONE	ITA	MM50	24	01:41:37	01:41:37	12,46

4^ Mezza Maratona della ceramica città di Assemini - MEZZA MARATONA

domenica 22 maggio 2011

pos	pett	nome	team	naz	cat	pos	t.gara	t.reale	medi
160	19	MINNAI EMILIA	SS SPORTING S.I.E.	ITA	MF40	6	01:41:39	01:41:39	12,45
161	126	MURA TEODORO	POL JOLAO IGLESIAS	ITA	MM40	35	01:41:41	01:41:41	12,45
162	46	PISU DANIELA	DOP PETROLCHIMICO PORTOTORRES	ITA	MF45	4	01:41:43	01:41:43	12,45
163	368	LELLA GUIDO	GS MONTE ACUTO MARATHON	ITA	MM50	25	01:41:43	01:41:43	12,45
164	343	SANNIO GIUSEPPE	ALGHERO MARATHON	ITA	MM65	2	01:41:44	01:41:44	12,44
165	261	LILLIU ANTIOCO ANGELO	OLYMPIA VILLACIDRO	ITA	MM40	36	01:41:46	01:41:46	12,44
166	121	SADDI RICCARDO	POL LIBERTAS CAMPIDANO	ITA	MM40	37	01:41:47	01:41:47	12,44
167	275	USAI FERNANDO	ATL EDOARDO SANNA ELMAS	ITA	MM50	26	01:41:50	01:41:50	12,43
168	329	MELIS LAZZARO	SS GYMNASIUM ATL ALGHERO	ITA	MM55	11	01:42:03	01:42:03	12,40
169	265	LEDDA TONIO ANGELO	POL ATLETICA SANTADI	ITA	MM40	38	01:42:04	01:42:04	12,40
170	222	PORCEDDA ALDO	ATLETICA VILLAMARESE	ITA	MM55	12	01:42:39	01:42:39	12,33
171	202	GIRAU FEDELE MASSIMO	GRUPPO POL DIL ASSEMINI	ITA	MM40	39	01:42:57	01:42:57	12,30
172	262	MOCCI EFISIO	OLYMPIA VILLACIDRO	ITA	MM45	23	01:43:00	01:43:00	12,29
173	149	SANNA ANTONINO	GS ATLETICA CAPOTERRA	ITA	MM65	3	01:43:10	01:43:10	12,27
174	317	SERRA SEBASTIANO	MARATHON CLUB ORISTANO	ITA	MM50	27	01:43:12	01:43:12	12,27
175	51	SORIGA ROSSELLA	ALGHERO MARATHON	ITA	MF45	5	01:43:14	01:43:14	12,26
176	259	CASU FRANCO	OLYMPIA VILLACIDRO	ITA	MM40	40	01:43:15	01:43:15	12,26
177	244	LAI ALDO	ATL VALERIA	ITA	MM35	21	01:43:24	01:43:24	12,24
178	221	PIANO MARCO	ATLETICA VILLAMARESE	ITA	MM45	24	01:43:26	01:43:26	12,24
179	40	PISU RITA	MARATHON CLUB ORISTANO	ITA	MF35	3	01:43:28	01:43:28	12,23
180	269	IBBA SILVESTRO	ATL EDOARDO SANNA ELMAS	ITA	MM50	28	01:43:39	01:43:39	12,21
181	364	SEDDA IVAN	POLISPORTIVA RUNNERS ORISTANO	ITA	MM35	22	01:43:41	01:43:41	12,21
182	224	SIDDU GILBERTO	ATLETICA VILLAMARESE	ITA	MM60	3	01:43:45	01:43:45	12,20
183	242	ZUNCHEDDU GESUINO	GS RUNNERS CAGLIARI	ITA	MM35	23	01:43:55	01:43:55	12,18
184	130	FADDA LUCIANO	ATL KARALIS	ITA	MM40	41	01:43:55	01:43:55	12,18
185	198	CARBONI CRISTIANO	GRUPPO POL DIL ASSEMINI	ITA	MM40	42	01:44:01	01:44:01	12,17
186	27	PIGA MARTA	NUOVA ATL SESTU	ITA	MF45	6	01:44:03	01:44:03	12,17
187	158	NUSCIS FLORIANO	ATL POD SAN GAVINO	ITA	MM60	4	01:44:07	01:44:07	12,16
188	37	MELIS GIOVANNA	ATL EDOARDO SANNA ELMAS	ITA	MF45	7	01:44:21	01:44:21	12,13
189	322	DESSI' GIOVANNI ANGELO	POLISPORTIVA RUNNERS ORISTANO	ITA	MM55	13	01:44:25	01:44:25	12,12
190	206	PABA SERGIO	GRUPPO POL DIL ASSEMINI	ITA	MM50	29	01:44:30	01:44:30	12,11
191	31	ADDARI PAOLA	GS RUNNERS CAGLIARI	ITA	MF40	7	01:44:31	01:44:31	12,11
192	284	LUSSU RAFFAELE	CAGLIARI MARATHON CLUB	ITA	MM40	43	01:44:52	01:44:52	12,07
193	109	DESSI' GIUSEPPE	ATL CORTOGHIANA	ITA	MM40	44	01:44:58	01:44:58	12,06
194	38	SURRA ELENA	ATL EDOARDO SANNA ELMAS	ITA	MF35	4	01:45:14	01:45:14	12,03
195	260	LABRIOLA ANTONIO	OLYMPIA VILLACIDRO	ITA	MM40	45	01:45:19	01:45:19	12,02
196	306	CASU VINCENZO	GS PIONIERI MARMILLA MOGORO	ITA	MM55	14	01:45:24	01:45:24	12,01
197	247	PATTERI GIANPAOLO	ATL VALERIA	ITA	MM50	30	01:45:34	01:45:34	11,99
198	323	FONNESU FABIO	POLISPORTIVA RUNNERS ORISTANO	ITA	MM40	46	01:45:45	01:45:45	11,97
199	325	SERRA GUIDO	POLISPORTIVA RUNNERS ORISTANO	ITA	MM50	31	01:45:47	01:45:47	11,97
200	296	MURGIA GIANNI	ATLETICA PULA	ITA	MM45	25	01:45:50	01:45:50	11,96
201	371	MAROTTO ETTORE	CIRC SPORT DIL ATL AMATORI	ITA	MM45	26	01:46:01	01:46:01	11,94
202	239	SOGGIU ANTONIO	GS RUNNERS CAGLIARI	ITA	MM45	27	01:46:03	01:46:03	11,94
203	277	COCCO PASQUALE	SARDEGNA KARALIS SPORT	ITA	MM45	28	01:46:09	01:46:09	11,93
204	32	MONTANARI CHIARA	GS RUNNERS CAGLIARI	ITA	MF40	8	01:46:11	01:46:11	11,92
205	237	PALA GIANFRANCO	GS RUNNERS CAGLIARI	ITA	MM60	5	01:46:26	01:46:26	11,89
206	145	MADEDDU GAVINO	GS ATLETICA CAPOTERRA	ITA	MM50	32	01:46:38	01:46:38	11,87
207	192	DESSI' GIORGIO	SS SULCIS ATL CARBONIA	ITA	MM50	33	01:46:40	01:46:40	11,87
208	256	ZANOTELLI STEFANO	AS SURVIVAL TRIATHLON	ITA	MM40	47	01:46:42	01:46:42	11,86
209	187	ORRU' SALVATORE	ATL SAN SPERATE	ITA	MM50	34	01:47:13	01:47:13	11,81
210	83	PISCHEDDA STEFANO	S G AMSICORA	ITA	MM40	48	01:47:25	01:47:25	11,78
211	191	PORCEDDA DOMENICO	NUOVA ATL SESTU	ITA	MM40	49	01:47:36	01:47:36	11,76
212	245	LAI ANTONELLO	ATL VALERIA	ITA	MM45	29	01:47:38	01:47:38	11,76

4^ Mezza Maratona della ceramica città di Assemini - MEZZA MARATONA

domenica 22 maggio 2011

pos	pett	nome	team	naz	cat	pos	t.gara	t.reale	medi
213	178	SODDU RINALDO	POL UTA 2000	ITA	MM45	30	01:47:51	01:47:51	11,74
214	216	CACCIATORI PASQUALINI	ATLETICA VILLAMARESE	ITA	MM55	15	01:47:55	01:47:55	11,73
215	331	MUREDDU FRANCESCO	GS MONTE ACUTO MARATHON	ITA	MM45	31	01:47:59	01:47:59	11,72
216	213	VARSÌ EFISIO	GRUPPO POL DIL ASSEMINI	ITA	MM55	16	01:48:08	01:48:08	11,71
217	181	D'ANGELO ANDREA	ATL IGLESIAS	ITA	MM50	35	01:48:10	01:48:10	11,70
218	164	CONTU EFISIO	POL UTA 2000	ITA	MM45	32	01:48:21	01:48:21	11,68
219	118	SABIU COSTANTINO	ATL CORTOGHIANA	ITA	MM45	33	01:48:50	01:48:50	11,63
220	131	GATTI FERNANDO	ATL KARALIS	ITA	MM65	4	01:49:01	01:49:01	11,61
221	177	SESTU GIANCARLO	POL UTA 2000	ITA	MM60	6	01:49:05	01:49:05	11,60
222	147	MARONGIU FABIO	GS ATLETICA CAPOTERRA	ITA	MM55	17	01:49:18	01:49:18	11,58
223	238	SCALAS GIAN MARCO	GS RUNNERS CAGLIARI	ITA	MM35	24	01:49:38	01:49:38	11,55
224	143	CAPPAI EMANUELE	GS ATLETICA CAPOTERRA	ITA	MM55	18	01:49:43	01:49:43	11,54
225	110	FOIS STEFANO	ATL CORTOGHIANA	ITA	MM35	25	01:49:44	01:49:44	11,54
226	295	MELIS PAOLO SEBASTIANO	ATLETICA PULA	ITA	MM55	19	01:49:49	01:49:49	11,53
227	362	PIANU GABRIELE	POLISPORTIVA RUNNERS ORISTANO	ITA	MM50	36	01:49:52	01:49:52	11,52
228	361	LITTERA MARIANO	POLISPORTIVA RUNNERS ORISTANO	ITA	MM50	37	01:49:53	01:49:53	11,52
229	200	CASULA GIORGIO	GRUPPO POL DIL ASSEMINI	ITA	MM50	38	01:49:56	01:49:56	11,52
230	39	MELIS AMANDA	CAGLIARI MARATHON CLUB	ITA	MF35	5	01:50:00	01:50:00	11,51
231	7	MURGIA LARA	ATL POD SAN GAVINO	ITA	SF	6	01:50:13	01:50:13	11,49
232	166	MANDAS IGNAZIO	POL UTA 2000	ITA	MM60	7	01:50:34	01:50:34	11,45
233	313	MULAS PAOLO	MARATHON CLUB ORISTANO	ITA	MM65	5	01:50:38	01:50:38	11,44
234	218	LAI SALVATORE	ATLETICA VILLAMARESE	ITA	MM60	8	01:50:38	01:50:38	11,44
235	263	ONNIS VINCENZO	OLYMPIA VILLACIDRO	ITA	MM60	9	01:50:53	01:50:53	11,42
236	215	ZUCCA STEFANO	GRUPPO POL DIL ASSEMINI	ITA	MM35	26	01:51:19	01:51:19	11,37
237	11	LANZANO VIVIANA	ATLETICA SELARGIUS	ITA	MF35	6	01:51:50	01:51:50	11,32
238	95	LECCA FERNANDO	ATLETICA SELARGIUS	ITA	MM50	39	01:52:33	01:52:33	11,25
239	188	SANNA LINO	ATL SAN SPERATE	ITA	MM75	1	01:52:49	01:52:49	11,22
240	365	RAGATZU PIERPAOLO	AS SURVIVAL TRIATHLON	ITA	MM60	10	01:52:49	01:52:49	11,22
241	370	TODDE GIAMPAOLO	CIRC SPORT DIL ATL AMATORI	ITA	MM60	11	01:52:55	01:52:55	11,21
242	367	CANNAS IGNAZIO	GS RUNNERS CAGLIARI	ITA	MM55	20	01:54:04	01:54:04	11,10
243	144	CASTRONOVO GIUSEPPE	GS ATLETICA CAPOTERRA	ITA	MM45	34	01:54:09	01:54:09	11,09
244	21	SCHIAVO KATIUSCIA	SS SPORTING S.I.E.	ITA	MF35	7	01:54:22	01:54:22	11,07
245	28	MANCA EMANUELA	GRUPPO POL DIL ASSEMINI	ITA	MF35	8	01:54:24	01:54:24	11,07
246	142	ATZORI SALVATORE	GS ATLETICA CAPOTERRA	ITA	MM65	6	01:55:00	01:55:00	11,01
247	278	FRAU AGOSTINO	SARDEGNA KARALIS SPORT	ITA	TM	17	01:55:02	01:55:02	11,01
248	120	PORCU MAURO	POL LIBERTAS CAMPIDANO	ITA	MM55	21	01:55:21	01:55:21	10,97
249	84	ROSSU ROBERTO	S G AMSICORA	ITA	MM35	27	01:56:02	01:56:02	10,91
250	314	SAU FRANCESCO	MARATHON CLUB ORISTANO	ITA	MM60	12	01:56:08	01:56:08	10,90
251	373	SANNA PAOLO	AS SURVIVAL TRIATHLON	ITA	MM55	22	01:56:28	01:56:28	10,87
252	115	MELIS SERGIO	ATL CORTOGHIANA	ITA	MM50	40	01:57:06	01:57:06	10,81
253	55	PERRERA CRISTINA	GS RUNNERS CAGLIARI	ITA	MF40	9	01:57:20	01:57:20	10,79
254	302	SPANU GIANFRANCO MARIANO	CIRC SPORT DIL ATL AMATORI	ITA	MM50	41	01:57:23	01:57:23	10,78
255	270	ORRU' FRANCESCO	ATL EDOARDO SANNA ELMAS	ITA	MM35	28	01:57:28	01:57:28	10,78
256	228	LASIO PASQUALE	GS RUNNERS CAGLIARI	ITA	MM45	35	01:58:01	01:58:01	10,73
257	204	MAMELI LUIGI	GRUPPO POL DIL ASSEMINI	ITA	MM45	36	01:58:03	01:58:03	10,72
258	50	RETANDA ANGELICA	ALGHERO MARATHON	ITA	MF35	9	01:58:18	01:58:18	10,70
259	94	COLOMBU CLEMENTE	ATLETICA SELARGIUS	ITA	MM50	42	01:58:25	01:58:25	10,69
260	366	MEREU SEBASTIANO FILIBERTO	AS SURVIVAL TRIATHLON	ITA	MM65	7	01:58:34	01:58:34	10,68
261	25	MUSU MANUELA	POL UTA 2000	ITA	TF	1	01:58:36	01:58:36	10,67
262	254	MARCEDDU GIUSEPPE	AS SURVIVAL TRIATHLON	ITA	MM50	43	01:58:37	01:58:37	10,67
263	248	TUVERI FAUSTO	ATL VALERIA	ITA	MM60	13	01:58:49	01:58:49	10,65
264	279	GENOVESE FRANCESCO	SARDEGNA KARALIS SPORT	ITA	MM40	50	01:58:51	01:58:51	10,65
265	24	MASCIA MARIA PAOLA	POL UTA 2000	ITA	MF40	10	01:59:01	01:59:01	10,64

4^ Mezza Maratona della ceramica città di Assemini - MEZZA MARATONA

domenica 22 maggio 2011

pos	pett	nome	team	naz	cat	pos	t.gara	t.reale	medi
266	232	MARTIS STEFANO	GS RUNNERS CAGLIARI	ITA	MM50	44	02:01:17	02:01:17	10,44
267	139	MANCONI MARIO	SS SPORTING S.I.E.	ITA	MM65	8	02:01:18	02:01:18	10,44
268	172	PIRODDI ANGELO	POL UTA 2000	ITA	MM40	51	02:01:30	02:01:30	10,42
269	346	COPPO DIEGO	ATLETICA CANDELLO	ITA	MM45	37	02:01:41	02:01:41	10,40
270	14	AMORE GABRIELLA	ATL CORTOGHIANA	ITA	MF50	2	02:02:14	02:02:14	10,36
271	43	FENU MARIA ANTONIETTA	POLISPORTIVA RUNNERS ORISTANO	ITA	MF45	8	02:02:17	02:02:17	10,35
272	47	SECCHI TIZIANA	I GUERRIERI DEL PAVONE	ITA	MF45	9	02:02:32	02:02:32	10,33
273	336	SANNA MARCO EUGENIO	I GUERRIERI DEL PAVONE	ITA	MM50	45	02:02:37	02:02:37	10,32
274	15	PUGGIONI FAUSTA	ATL CORTOGHIANA	ITA	MF45	10	02:02:41	02:02:41	10,32
275	320	DEIANA MARCO ANTONIO	POLISPORTIVA RUNNERS ORISTANO	ITA	MM45	38	02:03:28	02:03:28	10,25
276	374	MORETTI DINO	UISP	ITA	MM40	52	02:03:56	02:03:56	10,21
277	234	MEREU ANTONELLO	GS RUNNERS CAGLIARI	ITA	MM45	39	02:04:05	02:04:05	10,20
278	33	MURA MARIA ILARIA	GS RUNNERS CAGLIARI	ITA	MF40	11	02:04:25	02:04:25	10,17
279	281	SEVERINO CESARE	SARDEGNA KARALIS SPORT	ITA	MM55	23	02:04:32	02:04:32	10,16
280	369	MEREU FRANCO	BREMA RUNNER TEAM	ITA	MM70	1	02:05:04	02:05:04	10,12
281	291	TRONU SIMONE	CAGLIARI MARATHON CLUB	ITA	MM40	53	02:05:05	02:05:05	10,12
282	318	CARIA IGNAZIO	POLISPORTIVA RUNNERS ORISTANO	ITA	MM60	14	02:05:30	02:05:30	10,09
283	229	LOY GIAMPAOLO	GS RUNNERS CAGLIARI	ITA	MM65	9	02:07:16	02:07:16	9,95
284	26	SCHIRRU ALESSANDRA	POL UTA 2000	ITA	MF35	10	02:12:26	02:12:26	9,56
285	10	LEWIS HENRIETTA MARIA	SS ESPERIA	ITA	MF40	12	02:15:41	02:15:41	9,33
286	12	PORCU RITA	ATLETICA SELARGIUS	ITA	MF45	11	02:16:57	02:16:57	9,24
287	49	CASIDDU SALVATORICA MARIA	ALGHERO MARATHON	ITA	MF60	1	02:17:15	02:17:15	9,22